**ANALYSIS OF MENTAL HEALTH DISORDERS NAME:**

**Read the information and answer the questions below in complete sentences.**

**In 1999 the U.S. Surgeon General labeled stigma as perhaps the biggest barrier to mental health care; this stigma manifests particularly in a phenomenon known as social distancing, whereby people with mental issues are more isolated from others. Eradicating the stigma and social distancing of people with mental illness must be a top public health priority in order to improve worldwide mental health and reduce economic burden. According to the World Health Organization (WHO) and the World Economic Forum (WEF), mental illness represents the biggest economic burden of any health issue in the world, costing $2.5 trillion in 2010; this burden is projected to cost $6 trillion by 2030 with two-thirds of these costs attributed to disability and loss of work. And yet shockingly, of the 450 million people worldwide who suffer from mental health conditions, the majority (60 percent) do not receive any form of care, with 90 percent of people in developing countries receiving no form of care.**

1. **What is Mental Health?**
2. **What is a stigma and why is there a stigma associated with mental illness?**
3. **Of 450 million people who suffer from mental health conditions, why do you believe that the majority do not receive any type of care?**

**Using this website, fill out the chart to help you gain a better understanding of mental health disorders:** [**https://www.nami.org/Learn-More/Mental-Health-Conditions**](https://www.nami.org/Learn-More/Mental-Health-Conditions)

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|  **MENTAL HEALTH DISORDER** | **OVERVIEW** | **TREATMENT** | **SUPPORT** |
| **ADHD** |  |  |  |
| **ANXIETY DISORDERS** |  |  |  |
| **AUTISM** |  |  |  |
| **BIPOLAR DISORDER** |  |  |  |
| **BORDERLINE PERSONALITY DISORDER** |  |  |  |
| **DEPRESSION** |  |  |  |
| **DISSOCIATIVE DISORDERS** |  |  |  |
| **EARLY PSYCHOSIS AND PSYCHOSIS** |  |  |  |
| **EATING DISORDERS** |  |  |  |
| **OBSESSIVE COMPULSIVE DISORDER** |  |  |  |
| **POST TRAUMATIC STRESS DISORDER** |  |  |  |
| **SCHIZOAFFECTIVE DISORDER** |  |  |  |
| **SCHIZOPHRENIA** |  |  |  |

**How can I help end the stigma associated with Mental Illness?**

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