Illicit Drugs

**Health Risks of Drug Use**

* Substance abuse – any \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ use of chemical substances for \_\_\_\_\_\_\_\_\_\_\_\_\_\_ purposes
  + Includes
    - the use of \_\_\_\_\_\_\_\_\_ substances
    - The \_\_\_\_\_\_\_\_\_\_ of legal substances
  + Illegal drugs – chemical substances that may not be\_\_\_\_\_\_\_\_\_\_\_\_ manufactured, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, or \_\_\_\_\_\_\_\_\_\_
* Illicit drug use – \_\_\_\_\_\_\_\_\_\_\_\_ of using, selling, or buying \_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Drugs are especially \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to a teenage \_\_\_\_\_\_\_\_\_\_\_\_ that is still \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Factors influencing teen drug use**

* Peer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Family members
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ messages
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of drug behavior
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ information

**Effects of drug use on health**

* Physical health
  + Illegal drugs are not \_\_\_\_\_\_\_\_\_\_\_\_\_\_ for quality, \_\_\_\_\_\_\_\_\_\_\_\_\_, or strength
  + Overdose – \_\_\_\_\_\_\_\_\_\_ and sometimes \_\_\_\_\_\_\_\_\_reaction to taking a large \_\_\_\_\_\_\_\_\_\_\_\_ of a drug
  + Increased risk of contracting \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Mental health
  + Impairs ability to \_\_\_\_\_\_\_\_\_\_\_\_and \_\_\_\_\_\_\_\_\_
  + Drugs alter \_\_\_\_\_\_\_\_ structure and \_\_\_\_\_\_\_\_\_\_\_\_
* Social health
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_ relationships with \_\_\_\_\_\_\_\_\_\_\_\_ and family
  + Drug use is leading cause of crime, \_\_\_\_\_\_\_\_\_\_\_\_and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ injuries

**Other effects of drug use**

* Tolerance
  + Body becomes \_\_\_\_\_\_\_\_\_\_\_\_\_ to the drug and needs \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to feel the \_\_\_\_\_\_\_\_\_\_\_\_\_ effect
* Psychological dependence
  + User \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ they need the drug to function or feel good
* Physiological dependence
  + Body develops a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for drug and will suffer from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_when the drug wears off
* Addiction
  + Physiological and psychological \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on a drug

**Consequences for individual user**

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_ you from pursuing \_\_\_\_\_\_\_\_\_\_
* Lowers \_\_\_\_\_\_\_\_\_\_\_\_ increasing the chance that the teen will \_\_\_\_\_\_\_\_\_\_\_ in risky \_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_ and suicide
* Legal consequences – \_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Consequences for friends and family**

* User may become \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from friends and family
* \_\_\_\_\_\_\_\_\_\_\_\_\_ burdens
* \_\_\_\_\_\_\_\_\_\_\_\_\_ burdens
* Increased chance of birth \_\_\_\_\_\_\_\_\_\_\_\_\_\_ to baby’s of mothers who used drugs during \_\_\_\_\_\_\_\_\_\_\_\_

**Consequences of drug use to society**

* Increases \_\_\_\_\_\_\_\_\_\_\_\_ and violence
* Costly to the US economy
  + Lost work hours and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + \_\_\_\_\_\_\_\_\_\_\_\_ care costs
  + Legal fees
  + Law \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ costs
  + Insurance costs

**Marijuana**

* Plant that is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for its intoxicating effect
* Sometimes mixed with\_\_\_\_\_\_\_\_\_\_\_ and eaten
* One of the most \_\_\_\_\_\_\_\_\_\_\_\_\_used illegal drug
* Nicknames:
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Gateway drug – a drug that leads the user to try \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Effects of Marijuana on the body**

* High – intense feeling of \_\_\_\_\_\_\_\_\_\_\_\_\_ or well-being followed by a \_\_\_\_\_\_\_\_\_\_\_\_\_
* Increases risks of cancer from smoking
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ immune system
* Hallucinations and\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Impaired \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_memory
* Impaired reaction time
* Impaired \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Impaired \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Increase \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Increased risk of birth defects or still birth
* Risk of infertility in females
* Lowered \_\_\_\_\_\_\_\_\_\_ count and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ levels in males

**Inhalants**

* Substances whose \_\_\_\_\_\_\_\_\_\_\_\_\_ are \_\_\_\_\_\_\_\_\_\_\_ or inhaled to get an effect
* Include: solvents, \_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_, paint, \_\_\_\_\_\_\_\_\_\_\_, gasoline
* Causes a glassy stare, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, impaired \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, nausea, coughing, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, fatigue, and lack of coordination
* Can cause \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ brain, liver and \_\_\_\_\_\_\_\_\_\_\_\_\_ damage, paralysis, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Anabolic steroids**

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ substances similar to male \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Sometimes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for medical reasons
* Non-medical use is \_\_\_\_\_\_\_\_\_\_\_
* Using results in:
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ muscle growth and increased muscular \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ when combined with physical conditioning
  + Weight\_\_\_\_\_\_\_\_
  + \_\_\_\_\_\_\_\_
  + High blood pressure
  + Liver and kidney \_\_\_\_\_\_\_\_\_
  + Mood swings
  + \_\_\_\_\_\_\_\_\_ behaviors
  + Paranoia
  + \_\_\_\_\_\_\_\_\_\_\_\_

**Steroid effects on males**

* \_\_\_\_\_\_\_\_\_\_\_\_\_ testicles
* \_\_\_\_\_\_\_\_\_\_\_\_\_ sperm count
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Development of\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Increased risk of prostate cancer

**Steroid effects on females**

* Facial \_\_\_\_\_\_\_\_\_
* Baldness
* \_\_\_\_\_\_\_\_\_\_\_\_ in menstrual cycle
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_ voice

**Psychoactive Drugs**

* Chemicals that affect the \_\_\_\_\_\_\_\_\_\_\_\_\_ system and alter the activity of the \_\_\_\_\_\_\_\_\_\_
* 4 groups
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ – speeds up CNS
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ – slows down CNS
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_– narcotics, derived from opium plant, prescription pain medicine
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ – alters mood, thoughts, sense perception

**Club Drugs**

* Found at \_\_\_\_\_\_\_\_\_\_\_\_\_, dance clubs, and drug parties
* Can be slipped into \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ without a person’s \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Most are designer drugs – \_\_\_\_\_\_\_\_\_\_\_\_\_\_ drugs that \_\_\_\_\_\_\_\_\_\_\_\_ the effects of other drugs
* Examples:
  + \_\_\_\_\_\_\_\_\_\_ (MDMA), Rohypnol, \_\_\_\_\_\_\_\_\_\_

**Stimulants**

* Methamphetamine
* Cocaine
* Crack
* All three of these drugs are \_\_\_\_\_\_\_\_\_\_ addictive

**Depressants**

* Barbituates
* GHB
* Rohypnol (roofies)
* Tranquilizers

**Opiates**

* Codein
* \_\_\_\_\_\_\_\_\_\_\_\_
* Morphine
* Opium
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (oxycontin)
* Opiates are highly \_\_\_\_\_\_\_\_\_\_\_\_

**Hallucinogens**

* Ecstasy
* \_\_\_\_\_\_\_\_\_
* Ketamine
* \_\_\_\_\_\_\_ aka angel dust
* Psilocybin (\_\_\_\_\_\_\_\_\_\_\_\_\_\_)

**Living Drug-free**

* Choose friends who share the \_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_ about drug use
* Participate in healthy \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to drug use like \_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_, community organizations, school organizations

**Drug Prevention**

* Drug-free school zones – penalties are more \_\_\_\_\_\_\_\_\_\_ for violations
  + Zero tolerance policies
  + \_\_\_\_\_\_\_\_\_\_\_\_\_ visits
* Community efforts – neighborhood \_\_\_\_\_\_\_\_\_\_\_ programs to patrol, \_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_ illegal drug activity

**Signs of an addict**

* \_\_\_\_\_\_\_\_\_ about drug use
* \_\_\_\_\_\_\_\_\_\_\_\_\_ from activities that were once considered \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Rapid weight \_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_ in eating and \_\_\_\_\_\_\_\_\_\_\_\_\_ patterns
* Takes unnecessary \_\_\_\_\_\_\_\_\_
* Gets in trouble with authorities
* Has \_\_\_\_\_\_\_ rimmed \_\_\_\_\_\_\_\_\_\_ or runny nose not associated with \_\_\_\_\_\_\_\_\_\_\_\_
* Experiences \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Has \_\_\_\_\_\_\_\_\_\_\_\_\_\_ concentrating

**Drug Treatments**

* Rehabilitation – process of \_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ treatment for addictions
* \_\_\_\_\_\_\_\_\_\_\_\_ usually need the help of \_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_ to get into treatment
* Treatments can range from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and short-term to long-term \_\_\_\_\_\_\_\_\_\_\_\_\_ facilities
* \_\_\_\_\_\_\_\_\_\_\_\_ groups can be found in the \_\_\_\_\_\_\_\_\_\_\_\_\_\_to assist \_\_\_\_\_\_\_\_\_\_\_\_\_\_ addicts